

# ALLISON SHEFF

## DIRECTOR | PRODUCER

SDC Associate  
allisonsheff.com

I tell stories with heart, humor, and honesty. I lead with curiosity and work to create an environment where artists feel safe taking creative risks. Through that process, I aim to challenge perspectives, deepen empathy, and leave audiences changed in ways that matter.

### DIRECTOR-THEATER

2022 Nicholas Kaminski Solo Debut, **The Green Room 42, NYC**  
2019 Almost, Maine, **Jean's Playhouse, Lincoln, NH**  
2019 Nicole Vanessa Ortiz Solo Debut, **Feinsteins/54 Below, NYC**  
2019 My Mouth is a Volcano, (touring production) **Stars Within Reach, NYC**  
2019 Spaghetti in a Hot Dog Bun (touring production) **Stars Within Reach, NYC**  
2018 All Shook Up, **Hackmatack Playhouse, Berwick, ME**  
2018 Mrs. Broomhausen, **Playwrights Platform, Boston, MA**  
2017 Six Dance Lessons in Six Weeks, **Jean's Playhouse, Lincoln, NH**  
2016 Altar Boyz, **Jean's Playhouse, Lincoln, NH**  
2014 Little Shop of Horrors, **Jean's Playhouse, Lincoln, NH**  
2014 8 Track: Sounds of the 70's, **Arundel Barn Playhouse**  
2013 Alexander and the...Bad Day, **Ogunquit Playhouse, Ogunquit, ME**  
2013 Coin' Buggy, **Ogunquit Playhouse, Ogunquit, ME**  
2011 Sex, Love & the Premature Evacuation, **OC Centric, Chapman University, CA**

### DIRECTOR-AUDIO

2021 The Last Dog, Assistant Voice Director, **GenZ Media**

### ASSOCIATE/ASSISTANT DIRECTOR-THEATER

2018 Smokey Joe's Cafe, directed by Josh Bergasse, **Richard Frankel Productions, NYC**  
2009 Squiggy & the Goldfish, directed by Michael Roderick, **Workshop Theater, NYC**  
2009 The New Kid, directed by Marc Tuminelli, **Random Farms Theater, NY**  
2000 The Who's Tommy, directed by Bruce Lumpkin, **Jeffrey Finn Productions, NYC**

### DEVELOPMENT/STAGED READINGS

2020 Starborn: A Disco Odyssey by Nicholas Kaminski, **Feinsteins/54 Below, NYC**  
2019 Pilots, by Morgan Smart, **Town Stages, NYC**  
2013 Lost Recordings of Mercy Man Malloy, by Dicky Murphy, **Grasta Theatrical, Los Angeles, CA**  
2013 The Moon is a Stone That Went Insane, by Paul Hoan Zeidler, **Elephant Theater Co., Los Angeles, CA**

### TEACHING ARTIST

2019-present **Theater Resources Unlimited (TRU)**, Playwright Coach  
Coached playwrights in pitching their projects for producers  
2020 **KJK Productions, Teaching Artist**  
Directed and Choreographed productions of Peter Pan, Jr. and Aladdin, Jr. for elementary schools in Westchester County, New York.  
2019 **SUNY Sullivan, Workshop Instructor**  
Designed and taught Basic Business Skills for the Actor workshop to college students  
2016-2018 **Hill House, Boston, MA, Musical Theater Instructor**  
Designed and taught acting, improvisation and musical theater classes  
2014-2015 **Los Angeles Arts Collective, Musical Theater Instructor**  
Designed and taught acting, improvisation and song interpretation classes  
2012-2014 **Kennedy Center American College Theater Festival, Region 8, Workshop Instructor.** Designed and taught Song Interpretation for Musical Theater and Business Skills for the Actor to college students and professors  
2012-2014 **Kennedy Center American College Theater Festival, Region 8, Adjudicator.** Adjudicator for the Irene Ryan Acting Scholarship

### PRODUCER

2020-present **Podcast Producer/Host** Anxiety and the Artist, a critically recognized podcast exploring creativity and mental health through expertly curated interviews. Oversees full production lifecycle including concept development, guest booking, interview direction, editorial shaping, and delivery of polished, audience driven episodes.

### OTHER PROFESSIONAL EXPERIENCE

1999-present **Children's Liaison**  
Served as Children's Liaison on 15 Broadway productions, advocating for professional child actors in fast-paced, union environments. Managed rehearsals, backstage tracks, and daily communication among child performers, parents, creative teams, and production management.  
Ensured compliance, discretion, and consistent support throughout long-running shows.

2000-2012, **Actor**  
Member: AEA, SAG-AFTRA

### EDUCATION

**University of Massachusetts, Amherst**  
**B.A. summa cum laude, in Theater**  
**Honors: Alpha Sigma Lambda**

**Yale, School of Drama**  
Certificate in Stage Direction

**Guildhall School of Music and Drama, London, UK**  
Certificate in Classical and Contemporary Theater

2011-2012 **SDC Observership Class**

2014 **Lincoln Center Director's Lab (West)**